



## \*Weekly YAPPER\*

Weekly e-updates, networking & info sharing for  
YAP Coordinators who are making a healthy difference with Maine's youth!

*Welcome to the YAPPER, a fresh new e-list for Healthy Maine Partnerships' YAP Coordinators!*

*The purpose of this once-a-week email will be to consolidate and distribute important and practical information, announce upcoming trainings and opportunities, and distribute statewide YAP updates all in one power packed, weekly email!*

June 27<sup>th</sup>, 2003

\*\*\*\*\***MARK YOUR CALENDARS**\*\*\*\*\*

**Healthy Maine Partnership Summer Meeting for YAP Coordinators --- RSVP to Sage Hayes by June 27<sup>th</sup>.**

July 31, 9:30am-5:15pm and August 1, 8:30am-noon  
Lucerne Inn - Holden, Maine (15 minutes outside of Bangor)

**SEE ATTACHMENT FOR MORE DETAILS!!!**

**\*\*\*Submit your upcoming events, workshops and meetings which may be of interest to other YAP Coordinators. To submit, hit the 'reply' button.**

\*\*\*\*\***CELEBRATIONS!**\*\*\*\*\*

## Hooray!!! Baldacci signs ban on smoking in bars

AUGUSTA (AP) — Cheered on by supporters, Gov. John Baldacci signed a measure into law Tuesday that will prohibit smoking in bars.

The new law takes effect Jan. 1, 2004, and will move Maine closer to banning smoking in virtually all indoor public places.

Public health officials and advocates, along with sponsoring legislators, joined the first-term Democratic chief executive at a Cabinet Room bill-signing ceremony.

"Today I am signing into law a historic step toward providing cleaner indoor air to all Maine people," Baldacci said. "This bill makes all lounges and taverns, pool halls and certain off-track betting facilities smoke free.

"Together with the previously signed bill that provides for smoke free bingo and beano halls, the 121st Legislature is providing cleaner indoor air for many of our public and workers who were previously not protected against secondhand smoke, a Class A carcinogen," Baldacci said.

The governor said Maine stands to be the fifth state to mandate smokeless bars and that experience elsewhere demonstrates that "this law is actually good for business," allowing establishments to retain most regular customers while attracting new ones.

***\*\*\*Submit your YAP team's accomplishments to Celebrations! We want to celebrate your team's awesome work! To submit, hit the 'reply' button.***

\*\*\*\*\*RESOURCE ROOM\*\*\*\*\*

## YouthSpeak! - What's the #1 thing that youth want

**adults to know about them?** Five very interesting presentations describing what Maine adolescents want others to know. Click <http://www.ume.maine.edu/cci/matp/youthspeak/index.htm>.



The [Tanglewood 4-H Camp and Learning Center](#) was established in 1982 as an affordable, environmentally-focused summer camp for Maine youth. Since that time it has become a learning and enrichment center where people of all ages can develop effective leadership skills, accept and celebrate diversity of culture, and gain a global perspective through local identity. Tanglewood's mission is to teach Maine youth and adults to be effective and caring citizens of the earth through affordable environmental education and nature-based experiences. The camp is situated on the Ducktrap River in a beautiful,

forested 940-acre section of the Camden Hills State Park in the Waldo County town of Lincolnville.

***\*The Resource Room invites you to submit resources you have come across that might be of interested to other YAP Coordinators. Please keep these focused on advocacy, physical activity, nutrition and anti-tobacco, youth/adult collaboration, and group development. To submit, hit the 'reply' button.***

\*\*\*\*\*COORDINATOR CORNER\*\*\*\*\*

## Y-LEAD youth fly like squirrels in Lubec!!!

Submitted by Americorp member Brita Olsson of YLEAD

May and June have been busy months for the YLEAD (Youth Leaders Encouraging A Difference) members from Lubec, Cutler, Machiasport and Jonesport. At the beginning of May, the YLEAD groups wrote letters to the President to ask him for his support in the completion of a trail along the East Coast Greenway, as well as the completion of other trails in our area. These letters were given to two bicycle riders who were taking the message to Washington D.C.! The Machiasport YLEAD even took action themselves and cleared a trail that's right by their school.

A few days later, on May 14<sup>th</sup>, a couple of members from the Lubec YLEAD group were able to attend a Maine Youth Action Network regional meeting in Woodland. There they met other youth groups in the area and learned how they could strengthen their own group.

Then on May 31<sup>st</sup>, the YLEAD groups from Cutler and Machiasport were in charge of a "kiddie corner" at a 4-H Awareness Day event in East Machias. Kids from the Machias area fished for a prize, tossed bean bags and searched for starred boats. No one walked away without a sticker, toy or other prize.

During the following week, the Lubec YLEAD volunteered at the American Red Cross blood drive at the Lubec Consolidated School and filmed a public service announcement about tobacco use. And yet they still pressed on! That Saturday, June 7<sup>th</sup>, all of the YLEAD groups held a spaghetti supper and auction at Fort O'Brien School in Machiasport. The food was wonderful and the auction was great fun. Most did not walk away empty-handed, but many walked away with empty wallets! The Machiasport YLEAD also picked a winner for their lobster raffle that evening.

On Tuesday, June 17<sup>th</sup>, the Lubec, Cutler and Machiasport YLEAD groups met at the ropes course in North Lubec, called DownEast Adventures, for a day of fun. Sage Hayes, from the Maine Youth Action Network in Portland, spent the morning talking to the members about advocacy and doing special activities with them. Then during the afternoon, nearly all of the members got to fly like squirrels and see the ocean from high

up while doing the “flying squirrel” element, and they also had the chance to play several games as well.

Next week the YLEAD groups will be heading down a river in rubber rafts. There will be more news to come. Stay tuned! Please call 733-4760 if you have any questions about YLEAD.

**\*\*\*Any YAP Coordinator looking for ideas, advice and/or resources can post in the Coordinator Corner! To submit, hit the 'reply' button.**

\*\*\*\*\*NEWS, INTERESTING TIDBITS, \$\$\$, FEATURED WEBSITES\*\*\*\*\*

- Event encourages teens to rage against smoking. Courtney Knowling said she is used to clouds of cigarette smoke when she walks past the bathrooms at Andrews High School. Now armed with information about the dangers of smoking she gathered this week at a teen summit in North Myrtle Beach, Knowling, 15, hopes to change this atmosphere by persuading her peers to give up the habit. The full article will be available on the Web for a limited time:

<http://www.myrtlebeachonline.com/mld/myrtlebeachonline/news/6164904.htm>

- M a i n e Y O U T H S T I P E N D O P P O R T U N I T Y !!  
University of Maine Cooperative Extension & the Young Adult Nutrition Research Project are conducting a research project of young adults, 18-24, of limited income, who can earn \$40 for their participation. For more details you can call 1-888-328-1223.

**\*\*\*Submit your news, interesting tidbits you've discovered, grant opportunities available or great websites! To submit, hit 'reply'!**

**SUBMISSIONS FOR NEXT WEEK'S YAPPER DUE NEXT THURSDAY, JULY 3<sup>rd</sup> AT 10am**

**WHY AN E-LIST?**

One thing we have heard consistently from YAP Coordinators is excitement about getting in touch and sharing ideas with other coordinators around the state. We believe this e-list can be a valuable tool for all coordinators. We welcome any feedback, positive or critical, you may have about it. Just send it on to the keeper of the list, Sage Hayes at [rhayes@usm.maine.edu](mailto:rhayes@usm.maine.edu).

**CAN YAP COORDINATORS POST ON THE YAPPER?**

You sure can! Feel free to send me upcoming events, your victories & challenges, resources & information, and requests for information, support or ideas from other YAP Coordinators. Please keep it brief, clear and concise. Include your contact info. Submissions for any YAPPER will be due on Thursdays by noon.

**WHO SENDS THE YAPPER OUT? WHO WILL RECEIVE IT?**

Sage Hayes created and sends out the **YAPPER**. Sage, based at the Muskie Institute in Portland, works with the Maine Youth Action Network (MYAN) as the training and advocacy specialist to support Healthy Maine Partnerships' Youth Advocacy Programs build capacity across the state. All YAP Coordinators who have registered their email addresses with Sage or the Bureau of Health Healthy Maine Partnerships are on this list. If you received this email, you're on the list! The Maine Youth Action Network staff and HMP related Bureau of Health staff will also be on the **YAPPER** list. If you would like to add a name to the list or be taken off the list, please email me at [rhayes@usm.maine](mailto:rhayes@usm.maine).

**WHY IS IT CALLED 'YAPPER'?**

It's cute. Actually, if you don't like the name, feel free to suggest a new one!

# Maine Youth Action Network

For more info please contact Sage Hayes: (207) 780-5814 or  
[rhayes@usm.maine.edu](mailto:rhayes@usm.maine.edu)