



Healthy Maine Partnerships
The people dedicated to helping us live longer and healthier.

Bureau of Health, Department of Human Services

* YAPPER *

Bi-weekly e-updates, networking & info sharing for
YAP Coordinators who are making a healthy difference with Maine's youth!

Welcome to the YAPPER, a fresh e-list for Healthy Maine Partnerships' YAP Coordinators!
The purpose of this email will be to consolidate and distribute important and practical information, announce upcoming trainings and opportunities, and distribute statewide YAP updates all in one power packed email!

Week of June 14th, 2004

*******MARK YOUR
CALENDARS*******

YAP YOUTH TO PLAN THE 2005 MY TURN SUMMIT!

We would like to invite you and the youth in your YAP to be a part of planning future MY TURN events. As mentioned previously, we feel this is necessary for success and we are excited to get your input!

Participation in the planning committee would involve the following:

- ~ Initial MY TURN Summit Planning meeting, June 24th in Augusta
- ~ Follow Up meeting, September - date to be chosen at June meeting
- ~ Participation at Peer Leadership Conference, November 4 & 5, Bar Harbor. Includes free registration and travel reimbursement

~ MY TURN Summit, 2 day event, Jan. or Feb. 2005

If you would like to be a part of the planning committee, please contact Catherine at 874-1140 x335 or email cmp@propeople.org.

Making the Link between Community and Prevention

If you are committed to prevention education, don't miss this exciting Opportunity!

June 24 & 25, 2004

Marshwood High School

South Berwick, ME

Opening Keynote: Jack Pransky, Ph. D. National Author and Leader in Innovative Health Reform Using Prevention

Practice

Closing Keynote

Carole Schwinn , Director of The Berkana Practice

The Berkana Institute

International Speaker and Progressive Practice on Creating a Social Democracy

<http://www.keysregion.org/> <<http://www.keysregion.org/>>

YAP Coordinator Summer Meeting!!

July 29-30th, 2004

(day 1 * 9:30am-5pm, day 2 * 8:30-noon)

New England Outdoor Center, Millinocket

RSVP to Sage at rhayes@usm.maine.edu by June 11th!

Yep, it's that time again! We're excited to announce that the New England Outdoor Center(NEOC) will be hosting the Annual YAP Coordinator Summer Meeting. Check out the NEOC at <http://www.neoc.com/default.asp>. After the votes were tallied, NEOC squeaked out in front of the Lucerne Inn. Planning for the content will be happening very soon, if you have ideas or would like to be on the planning committee please let Sage know!

We'll cover the facility and most meals, you're responsible for lodging.

Lodging:

You're welcome to stay at the NEOC or elsewhere. Looks like the overnight costs at NEOC for one person will be approximately \$50.00 per night. This cost includes overnight in one of NEOC's log cabins! The cabins boast amazing views of Mt. Katahdin and great resort amenities. Canoe on Millinocket Lake, swim in their heated indoor pool, soak in the jacuzzi, play a game of pool or shop in the retail shop.

Twin Pines Camps log cabin rentals come complete with housekeeping services with full kitchens, bathrooms, picnic areas, outdoor gas grills and fire rings. Bedding, towels, dishes, utensils and cookware are included. Check out the cabins at <http://www.neoc.com/tpcamps.asp>. To make a reservation, contact Sheila Kimball at Muskie, 780-5863.

The National Youth Summit Rocks Cleveland

Thursday, July 22 - Saturday, July 24

Space Is Limited-Register NOW at www.ncfy.com

The Family and Youth Services Bureau of the U.S. Dept. of Health & Human Services is excited to present the annual National Youth Summit: "Youth Leadership in America's Communities"

Who should attend the Summit? The National Youth Summit is for everyone who believes that young people and adults can and do form important partnerships that lead to real change. It's for everyone who knows that young people do make a difference and who wants to contribute to the lives of young people, including: faith-based and community leaders, youth professionals, advocates, policy makers, and educators...

And, most of all, youth! Young people are helping plan and manage the Summit, and will be playing a prominent role. This is the event for youth who are active - or want to be active - in their communities or schools.

- * Youth with little or lots of community change experience will be guided on how to take that first (or next) step to a higher level of involvement and leadership;
- * Adults will discover innovative ways to effectively engage youth in their communities or organizations;
- * Youth and adults will learn how to build and maintain meaningful partnerships that strengthen communities;
- * Young people and adults will share innovative practices and effective evaluation tools from their own programs and communities;
- * Together, all youth will create a super-size art project - a Summit signature that's fun and an easy way to get to know youth from all over the country;
- * "You Write The Book" - At the closing session, all youth will contribute to creating The NYS Guide to Leadership, a compilation of real-life leadership experiences in their communities;
- * All Summit participants will enjoy memorable keynote speakers, a thought-provoking panel, and toolkits from each workshop, providing practical information on building or enhancing community programs. (CEUs will not be awarded.)

We're on the Public Square in the heart of downtown Cleveland, in the Renaissance Cleveland Hotel, Thursday, July 22 - Saturday, July 24. Together, we'll work to give youth the power to be leaders today and in the future. But we'll also have time to see the Cleveland Indians play at Jacobs Field, and check out the Rock & Roll Hall of Fame & Museum or the Great Lakes Science Center. The Renaissance Cleveland Hotel is connected to Tower City Center, an indoor mall with great shopping and dining.

An awesome National Youth Summit agenda is in the works! We will update the website as details are confirmed... Questions? Please call the National Clearinghouse on Families & Youth at 301-608-8098

SAVE THE DATE!!!! MYAN PEER LEADERSHIP CONFERENCE

The 21st Annual Peer Leadership Conference dates have been set! We'll see you at this year's event on Thursday and Friday, November 4th and 5th, 2004 at Atlantic Oakes By the Sea. Go to barharborresort.com and check it out. We've made some technology and space improvements for this year to make this space even better!

Advanced Registration is available. Have money in this year's budget you'd like to use to reserve spots for your group? Reserve your spots NOW because space is limited and we will fill up this year! Contact Sue-Ann Sanford at 622-7566 x232 or ssanford@mcd.org for more information and for a registration form. The deadline for early registration is June 30th, 2004.

**** Special incentive for YAP advisors and key youth leaders!****

We want as much YAP representation at the conference as possible. This year, MYAN and A Partnership for a Tobacco-Free Maine are pleased to announce a one-time only special incentive for YAPs to attend the conference. Four YAP youth and two advisors from each Healthy Maine Partnership will receive \$60 off conference registration! This conference has a fabulous line-up of workshops which focus on tobacco issues, physical activity, nutrition and group development! Our hope is that we can support developing key youth leaders and Coordinators from every YAP group in Maine!

Conference Fees:

Stay tuned for prices for 2004. Last year's registration fees are listed below and included overnight accommodations, meals and all workshops and activities. Registration fees should remain similar in 2004. Costs listed are per person and are as follows:

- Quad @ \$110 per person (4 people to a room)
- Triple @ \$120 per person (3 people to a room)
- Double @ \$130 per person (2 people to a room)
- Single @ \$150 per person (1 person to a room)
- Commuter @ \$90 per person (no lodging provided)

Start fundraising early! Contact us for ideas.

Who Should Attend?

Advisors, High school students, and 7th and 8th grade Middle school students are invited to attend this year's Conference.

Student Advisor Ratios

Required of each group attending the conference:

- 10 to 1: High School Groups
- 6 to 1: Middle School Group

Call for 2004 workshop presenters!

Our goal at the Annual Peer Leadership Conference is to hear from as many youth experts on the variety of peer programming skills and adolescent health issues for our workshops. Last year, over half of our presenters were youth groups. We'd like to increase that number this year. Would your program like to

present a workshop at the Conference? Students presenting a workshop will receive \$40 off their conference registration. Contact Catherine Perreault at 1-800-698-4959 x335 or cmp@propeople.org if you're group is interested!

*****Submit your upcoming events, workshops and meetings which may be of interest to other YAP Coordinators. To submit, hit the 'reply' button.**

*******CELEBRATIONS!*******

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*****Submit your YAP team's accomplishments to Celebrations! We want to celebrate your team's awesome work! To submit, hit the 'reply' button.**

*******Opportunity Knocks** (formerly
Resource Room) *****

**I t ' s Y o u r C o n f e r e n c e ,
H a v e i t Y o u r W a y !**

For the youth you work with....

Have you ever heard of the Maine Youth Action Network's Annual Peer Leadership Conference? Have you ever wanted to be more involved with the planning of this or any other conference? Ever had a great idea for a conference theme or quote? Well, then we need you! We want you to tell us your ideas for good conference themes, quotes, workshops, or any other ideas you may have! Here are some ways you can be involved:

- 1) Write an article for the newsletter! Here's your first assignment: Send us your ideas for a great conference theme or quote. The conference is aimed at providing youth around the state with skills, information and resources to become dynamic leaders in their schools and communities, so the theme and quote should tie in to this idea. Last year's quote, "Indeed I wish to be the drop that creates the ripples of change", was a key part of the theme: Maine youth making waves. If we use your idea for this year's conference theme or quote, you get to go to the conference for FREE!
- 2) Be on the Committee! You can be part of a group of youth who will help us plan and present this year's conference, which is due to take place November 4th and 5th. The planning should begin this summer. We may ask you to commit to giving us your input via email as well as some meetings, which may require travel. If you want to be part of our youth conference planning committee this summer or for more information, send an email to: csc@propeople.org

3) Be supportive! Not a writer? Don't want to be on a committee? Don't worry you can still be involved! You can help out with the conference planning from home! Send us an email with the best way to contact you (email address or phone number) and we will contact you for your input on all our conference planning.

Get on the air !

The national PBS show Zoom has partnered with Maine PBS and is looking for stories of kids volunteering or doing a community service project to feature on Zoom. If your project fits, we want to make sure your organization and kids get recognized. Let us know as soon as possible that you want to be included in this exciting programs! E-mail us at sjackson@mpbc.org, or jriley@mpbc.org, or call Sarah Jackson or Joe Riley at 800-884-1717 and tell us that you and your kids want to be involved.

GO TO HARVARD FOR FREE!!

Harvard is offering free tuition for students that have a family income below \$40,000. If you are a mentor or have nieces and nephews who might be interested, please give them this information. If you know anyone/family earning less than \$40K with a brilliant child near ready for college, please pass this along.

Harvard's Tuition Announcement Highlights Failure of Prestigious Universities to Enroll Low-Income Students March 1, 2004, Harvard University announced over the weekend that from now on undergraduate students from low-income families will pay no tuition. In making the announcement, Harvard's president Lawrence H. Summers said, "When only 10 percent of the students in elite higher education come from families in lower half the income distribution, we are not doing enough. We are not doing enough in bringing elite higher education to the lower half of the income distribution." This initiative puts severe pressure on other well-endowed colleges and universities to adopt similar measures. Some commentators believe that Harvard's announcement was made in response to Princeton University's decision six years ago to eliminate all tuition charges for families earning less than \$40,000 (adjusted annually to take inflation into account) and its subsequent decision three years later to substitute all student loans with outright grants.

The Harvard announcement indicates that the Princeton plan has had some success in drawing to Princeton some of the high-achieving, low-income students who typically went to Harvard. Each year The Journal of Blacks in Higher Education gathers figures from the U.S. Department of Education relating to the percentage of students at the nation's leading colleges and universities who receive federal financial assistance under the Pell Grant program for low-income students. These figures provide a good measure of the institution's relative success in enrolling students from the bottom economic sector of the nation's families.

A unique 24-week web-based course and coaching

Chris Trout at Sunfire Spirit is offering a unique e-mail-based course and follow-up coaching for youth professionals. Designed to strengthen your knowledge and skills regarding strengths-based youth work, the first 12 weeks includes specific coursework - working progressively from the core research to practical skills to common challenges and program design. The second 12 weeks includes weekly coaching and support as you implement course concepts. You will also enjoy the feedback and support of other colleagues taking the course, which you can begin on your own schedule. A certificate to verify continuing education hours will be provided at the end of the course. For all the details, including specific weekly curriculum topics and cost, go to HYPERLINK "<http://www.sunfirespirit.com/>"www.sunfirespirit.com or e-mail Chris at HYPERLINK "<mailto:chris@sunfirespirit.com>"chris@sunfirespirit.com .

*****Submit upcoming opportunities other YAP Coordinators might be interested! We want to get the word OUT!! To submit, hit the 'reply' button.**

*******COORDINATOR
CORNER*******

***send us your articles, lessons learned & resources to share with other yap coordinators!!!

*****Any YAP Coordinator looking for ideas, advice and/or resources can post in the Coordinator Corner! To submit, hit the 'reply' button.**

*******NEWS, INTERESTING TIDBITS, \$\$\$,
FEATURED WEBSITES*******

JOIN THE MAINE RESISTANCE – CHECK HEALTHY MAINE PARTERSHIP'S website for the Maine Youth Tobacco-Use Resistance Network! www.maineresistance.org

More Websites!! (Submitted by PTM)

<http://www.hoolokahi.net/teenbeat/smokelink.html>

<http://www.stepupnc.com/know/links.htm>

<http://monitoringthefuture.org/>

THE CHANGING MAINE DIRECTORY

The fifth edition of the *Changing Maine Directory* (formerly the *Maine Alternative Yellow & Green Pages*) is one of the best resources for anyone involved with social action or social service programs in the state of Maine. It is an incredible compilation of information about nearly 1,400 nonprofit, mostly grassroots, social action and social service groups addressing community problems and providing for the needs and well-being of people in Maine. Check it out online at

<http://www.abilitymaine.org/cmdir/index.html>.

Junk food gets expulsion notice, Schools mandate healthy snacks in vending machines

http://www.chicagotribune.com/news/local/chi-0404210261apr21_1_479162.story

Check out the new TRUTH commercial at
www.thetruth.com

G R E A T G I R L S !!

The Maine Women's Fund is looking for nominations of great girls between the ages of 14 and 20. If you know of someone you'd like to nominate, it's not too late but you have to hurry. Let me know!

2004 Maine Women's Fund Award - Nomination Form

The Maine Women's Fund is pleased to announce that its annual Evening to Honor Maine Women and Girls will take place on October 12, 2004 at the Holiday Inn by the Bay in Portland.

This year's Evening event will recognize, reflect on, and honor Maine women and girls who make positive contributions in our communities, with particular focus on the efforts of those working to eliminate gender barriers.

Four Maine Women's Fund Awards will be presented honoring women and girls whose efforts make a difference in the lives of women and girls. This year, we have reserved at least one award to recognize a girl between the ages of 14 and 20.

We need your help to identify and select these honorable girls.

In addition to recognition at the Evening to Honor Maine Women and Girls, each Maine Women's Fund Award recipient will have the unique opportunity to direct a \$500 grant to a non-profit organization of her choice that works to improve the lives of women and girls in Maine.

Girl nominees will be evaluated on the following criteria:

- a.. Promoting positive social change;
- b.. Modeling leadership for girls;
- c.. Exhibiting a commitment to community.

Nominees will be evaluated on the basis of how well they meet the selection criteria. If you are going to nominate a group they must have worked on a project together. The geographic focus of the nominee's work will also be a factor. Nominations of girls are strongly encouraged.

All selected Maine Women's Fund Award recipients must be available to accept their awards at the Evening to Honor Maine Women and Girls on October 12, 2004, in Portland.

Here's How:

To nominate a woman or girl you believe should receive one of the Maine Women's Fund Awards, simply complete the form at the end of this section:

On a separate sheet(s) of paper, please describe how the nominee meets the selection criteria as described in this flyer. Maine Women's Fund Award recipients will be selected based on this information, so please make your nomination as detailed as possible. Your completed nomination packet should include:

- a.. Letter describing why you think the nominee should receive an award, her major accomplishments, and biographical information;
- b.. Supporting documentation such as letters supporting your nomination, newspaper articles, et cetera (no more than five supporting documents will be accepted);
- c.. Resume.

Nomination Form

Name of Nominee:

Address:

City, State and Zip Code:

Home Phone:

Work Phone:

Email:

Approximate age: 14 - 20 21 - 40 41-66 67+

Nominated by:

Relationship to Nominee:

Address:

City, State and Zip Code:

Home Phone:

Work Phone:

Email:

Karen Heck
Hardy Girls Healthy Women, Inc.
P.O. Box 821
14 Common St.
Waterville, ME 04903-0821
207.861.8131
www.HardyGirlsHealthyWomen.org

SUBMISSIONS FOR THE NEXT YAPPER ARE DUE JULY 1TH

WHY AN E-LIST?

One thing we have heard consistently from YAP Coordinators is excitement about getting in touch and sharing ideas with other coordinators around the state. We believe this e-list can be a valuable tool for all coordinators. We welcome any feedback, positive or critical, you may have about it. Just send it on to the keeper of the list, Sage Hayes at rhayes@usm.maine.edu.

CAN YAP COORDINATORS POST ON THE YAPPER?

You sure can! Feel free to send me upcoming events, your victories & challenges, resources & information, and requests for information, support or ideas from other YAP Coordinators. Please keep it brief, clear and concise. Include your contact info. Submissions for any YAPPER will be due on Thursdays by noon.

WHO SENDS THE YAPPER OUT? WHO WILL RECEIVE IT?

Sage Hayes created and sends out the **YAPPER**. Sage, based at the Muskie Institute in Portland, works with the Maine Youth Action Network (MYAN) as the training and advocacy specialist to support Healthy Maine Partnerships' Youth Advocacy Programs build capacity across the state. All YAP Coordinators who have registered their email addresses with Sage or the Bureau of Health Healthy Maine Partnerships are on this list. If you received this email, you're on the list! The Maine Youth Action Network staff and HMP related Bureau of Health staff will also be on the **YAPPER** list. If you would like to add a name to the list or be taken off the list, please email me at rhayes@usm.maine.

Maine Youth Action Network